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Editorial

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“Change is the only constant.”

– Heraclitus of Ephesus

Dear reader:

This phrase is frequently referenced in multiple events and in reflections. And I think it's correct, for change is perennial as it is inevitable. Change by itself, however, is meaningless. What is truly transcendental is the change that results in evolution.

The Mexican Journal of Neuroscience has been the official publication of the Mexican Academy of Neurology for 17 years—the first issue was July/August 2000. As every living entity, it has undergone several phases. First, it overcame the difficult stage of its birth, and survived—the vast majority of publications die in the first 2 to 5 years of their founding. During its growth period, the primary objective became to acquire more readers and authors, so we made design changes in order to adapt it to the modern environment and make it more attractive to read. Later, we considered it necessary to change it to a digital format. This increased its diffusion as it was included in the Open Access platform, which earned it the recognition of the **CONACyT**.

After 17 years, however, it has not yet achieved our most desired goal: to be indexed. This is why we have undertaken a series of modifications in the structure of the journal—transformations that, as mentioned before, seek not only to change it, but to help it evolve. For this reason, a new editorial committee was appointed. It is diverse, with great academic prestige, and representative of the main institutions of Mexican Neurology. In this committee, you will also find international members of the highest level, with wide experience in editorial work. Suffice it to mention Dr. José Obeso (Movement disorders), Dr. José Biller (Frontiers), and Dr. José Merino (BMJ).

Having an editorial committee with these characteristics, while indispensable, would not be enough to achieve the evolution we seek, which is to help the journal reach maturity. In this quest, we are endowing it with a copy editor (Mr. Alejandro García), a statistical reviewer (Dr. Héctor Gerardo Hernández Rodríguez), and as you will notice in this issue, a professional translator (Ms. Rebeca Barroso).

The current issue represents a milestone in this process. You will see that each article will now appear in both Spanish and English, and the full text will also be published in OVID in XML format. We hope to achieve a better, wider distribution so it can soon be read and cited by a greater number of readers and authors. The exposure could yield citations in MedLine, and hopefully, in the near future, an indexed journal.

As an aside, I would like to thank each and every person involved in this task. Their work, passion, generosity, and professional and academic abilities drive us in our efforts to fulfill the dream of our Academy, the dream born 17 years ago.

Finally, I would like to emphasize that the **Mexican Journal of Neuroscience** belongs to the Mexican Academy of Neurology—that is, it belongs to all its members—which is why I invite you to read it, quote it, share it, collaborate in it, and with it. With everybody's participation, I am convinced that it will be a source of pride, not only for all members of the Academy but for Mexican Neuroscience.

SINCERELY

Dr. Miguel Osorno Guerra

President of the Mexican Academy of Neurology

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